



Singleton Family Support

December 2022
Newsletter No. 3



HELLO AND HAPPY CHRISTMAS TO ALL OF OUR MAGNIFICENT SUPPORTERS

As we come to the end of another year, it is time to reflect on the many special moments 2022 has brought us. Over 300 families have engaged in the service's programs. Family support, counselling, groupwork and advocacy have assisted many families facing life's challenges. We are so very proud to be part of the SFS team, a family really, and the support we offer families to improve their wellbeing and believe in their capacity to build a better life for themselves and their families.

The biggest Thankyou! to each & everyone of you who have supported our service, we are so very grateful! Stay safe & enjoy the ones you love.

SUPPORT

Christmas can be a challenging time for many of us for a variety of reasons. Please reach out if you or anyone you love needs support.

Lifeline 13 11 14

Domestic and Family Violence support line 1800 737 732

Men's Line 1300 789 978

Mental Health Line 1800 011 511

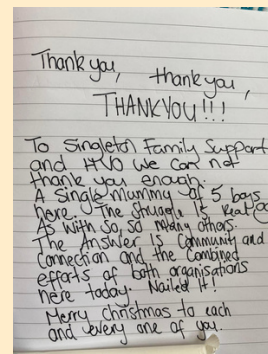
Singleton Neighbourhood Centre 65712499

Singleton Family Support 65724288

EVENTS FOR 2023

April 16

The Mailrun
Charity Bike Ride



HIGHLIGHTS

#A NEW PARTNERSHIP WITH SINGLETON HIGH SCHOOL HAS SEEN THE FURTHER DEVELOPMENT OF THE RECLAIMING MY PLACE PROGRAM TO CATER FOR STUDENTS NEEDING ADDITIONAL SUPPORT TO STAY ENGAGED IN THEIR SCHOOL COMMUNITY. THIS PROGRAM IS BEING EVALUATED BY NEWCASTLE UNIVERSITY DUE TO THE SUCCESS AND POSITIVE OUTCOMES OF THE PROGRAM. SFS HAS PLAYED A SIGNIFICANT ROLE IN DELIVERING THIS AMAZING PROGRAM TO THE SINGLETON COMMUNITY. AN ART EXHIBITION AT THE END OF THE PROGRAM WAS HELD AT SINGLETON TAFE RECENTLY AND WAS ENJOYED BY ALL WHO ATTENDED. A HUGE THANKS TO INTEGRA WHO SPONSORED THE PROGRAM FOR THE YEAR AND ALLOWED THE SERVICE TO BEGIN THIS IMPORTANT PROGRAM FOR THE YOUNG STUDENTS. WE WERE ALL DELIGHTED TO WATCH A DANCE PRESENTATION FROM OUR "STRUT!" PARTICIPANTS AT THE ART EXHIBITION, WELL DONE LADIES YOU SMASHED IT!

#THE THREAD TOGETHER HUT HAD A "MAKE OVER" BY PAST PARTICIPANTS IN OUR ART PROGRAM. THIS HAS ADDED ANOTHER LOVELY COMMUNITY FEEL TO OUR SERVICE. THE HUT HAS PLAYED A HUGE ROLE IN SUPPORTING FAMILIES TO ACCESS NEW & QUALITY CLOTHES AND SHOES OF THEIR PERSONAL CHOICE AND STYLE.

#A PICNIC DAY WAS HELD AT SFS IN PARTNERSHIP WITH SINGLETON COUNCIL TO BRING FAMILIES TOGETHER AND ENJOY A DAY OUT IN THE SUNSHINE. THE STAFF AT HUNTER VALLEY OPERATIONS (HVO) DONATED OVER 30 HANDMADE PLAY KITCHENS AND 10 GO KARTS, AS WELL AS OTHER TOYS. OUR FAMILIES WERE BEYOND EXCITED BY THESE HEARTFELT AND GENEROUS GIFTS. THE RELIEF BROUGHT SOME TO TEARS AS MANY FAMILIES ARE STRUGGLING TO FIND ENOUGH MONEY FOR CHRISTMAS GOODIES AND GIFTS.

#THE MAILRUN CHARITY BIKE RIDE WAS YET ANOTHER HUGELY SUCCESSFUL DAY FOR ALL INVOLVED AND THE FEEDBACK FROM RIDERS WAS FANTASTIC. THEY ALWAYS MENTION THE FRIENDLINESS OF THE VOLUNTEERS AND THE BEAUTY OF THE COUNTRY RIDE. NEXT YEAR WILL BE THE RIDES 10 YEAR ANNIVERSARY SO KEEP THE 16/4/2023 FREE IF YOUR INTERESTED IN RIDING OR VOLUNTEERING ON THIS SPECIAL DAY.

#WE HAD A VISIT FROM THE MINISTER FOR EMERGENCY SERVICES AND RESILIENCE, STEPH COOKE, TO CONGRATULATE THE SERVICE ON RECEIVING \$50,000 FUNDING TO ASSIST WITH ADDITIONAL STAFF HOURS TO SUPPORT THE FAMILIES OF BROKE WHO WERE AFFECTED BY FLOODING. SPENDING TIME IN THE BROKE COMMUNITY AND SEEING THE COMMUNITIES RESILIENCE AND BRAVE SPIRIT WAS SUCH A PRIVILEGE.

#OUR AMAZING ADMIN AND FINANCE WIZARD CELEBRATED HER 10 YEAR ANNIVERSARY AT THE SERVICE. WE ARE ALL SO LUCKY TO HAVE 'OUR MAREE' IN OUR LIVES TO SUPPORT US ALL UNCONDITIONALLY EVERYDAY.

